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**NEW MILTON RUGBY CLUB**

**MINIS**

**Parents/Guardians**

**Welcome Pack**

**2025/2026**

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# INTRODUCTION

**NEW MILTON RUGBY CLUB AIMS TO PROVIDE A SAFE, EJOYABLE AND ENGAIING EXPERIENCE FOR ALL OUR MINIS PLAYERS. OUR GOAL IS FIRST AND FOREMOST TO MAKE ALL PLAYER FALL IN LOVE WITH THE GAME OF RUGBY, MAKE FRIENDS AND LIFELONG MEMORIES.**

We hope this Welcome Pack provides all the relevant information to all our players parent(s) and guardians. However, each age group team consist of a Manager, Coaches and First Aiders. For questions and support please ask our relevant age group Manager. At New Milton Rugby Club Minis we except players of all abilities. All Minis rugby (U6-U12) is for both boys and girls. Everyone is more than welcome to try out.

We appreciate rugby can be an intimidating sport to try for the first time. So, we encourage all newcomers to rugby come along and try it out. Our fantastic team of coaches and managers will do their best to gradually introduce all newcomers. We believe rugby is truly a game for everyone and we are passionate about teaching such a great sport to all.



***The whole point of rugby is that it is, first and foremost, a state of mind, a spirit***

Jean-Pierre Rives





# RFU Age Grade Regulations

New Milton Rugby Club is affiliated with the RFU please find the information regarding the RFU Age Grade regulations.



Source: <https://www.englishrugby.com/participation/coaching/age-grade-rugby>

COMPETITIVE MENU	Friendlies, Triangulars & Festivals					+ Waterfall Tournaments
	Kids First Tag Rugby Course		Kids First Contact Rugby Course		England Rugby Coaching Award England Rugby Referee Award	
COACHING AND REFEREE TRAINING	[Illustration: Two children playing tag]		[Illustration: A scrum]		[Illustration: A scrum]	
	[Illustration: A child with a ball]		[Illustration: Two children with a ball]		[Illustration: A child running with a ball]	
PLAYER PROGRESSION	[Illustration: A child with a ball]		[Illustration: A scrum]		[Illustration: A scrum]	
	[Illustration: A child with a ball]		[Illustration: Two children with a ball]		[Illustration: A child running with a ball]	
NEW	<b>U7</b> Max numbers - 4 Max Pitch Size(m) - 20x12 Max mins per half - 10 Max mins per day - 50 + Tag	<b>U8</b> Max numbers - 6 Max Pitch Size(m) - 45x22 Max mins per half - 10 Max mins per day - 50 + Tag - 6 tags to score	<b>U9</b> Max numbers - 7 Max Pitch Size(m) - 60x30 Max mins per half - 15 Max mins per day - 60 + Contact game starts + Tackle including hold	<b>U10</b> Max numbers - 8 Max Pitch Size (m) - 60x35 Max mins per half - 15 Max mins per day - 60 + 3 player uncontested scrum + Ruck and maul - 1 support player per team + Tackle including hold	<b>U11</b> Max numbers - 9 Max Pitch Size(m) - 60x43 Max mins per half - 20 Max mins per day - 70 + 3 player scrum - strike, no push + Ruck and maul - 2 support players per team + Kicking - no fly hack	<b>U12</b> Max numbers - 12 Max Pitch Size(m) - 60x43 Max mins per half - 20 Max mins per day - 70 +5 player scrum, strike, no push (boys & girls) +ruck and maul - unlimited (boys and girls) + fend off below armpits (boys and girls)



# ADMINISTRATION

## RFU Game Management System (GMS)

It is important that all children are registered to train and play matches at New Milton RFC.

Please could parents and guardians ensure they login to GMS to re-register their child. Please use this link

<https://gms.rfu.com/GMS/Dashboard/Organisation/1185//>

Whether you are re-registering, or your child is new to the club, please use this link to guide you. (Register to play)

<https://help.rfu.com/support/solutions/103000143418>

## Spond

The club uses team management app Spond. If we can urge all parents and guardians to ensure the player information is up to date. The seasons fixtures will also be available on Spond.

## Club Fees

The **first 3 sessions** are **free** for any new members

### All payment will send via Spond

Full Season Fees	£100
Sibling discount	£80
If someone joins after 1 December	£50
If someone joins after 28 February	£25



Please contact your relevant age groups' Manager for any assistance

# PARENTS/GUARDIANS ATTENDANCE

## Mini Age Groups (Under 12's and below)

As a parent or designated adult, you **MUST remain on site throughout the session** they are attending. Attendance includes home training, matches, away matches and all the tournaments that your child participates in. In practice, this means that if you decide to leave your child's pitch for a break or, to visit a sibling in another age group, you must make the management team aware and designate another adult in the group (with whom your child is familiar) to cover until your return. Regardless of this, when your child attends, they must always be contactable (mobile) in the event of an incident/injury involving their child.

Please find the club's Parental Attendance Policy

[https://drive.google.com/file/d/1vFn19J5hayj6bVXCeff\\_KXpQX3rkhVFm/view?usp=drive\\_link](https://drive.google.com/file/d/1vFn19J5hayj6bVXCeff_KXpQX3rkhVFm/view?usp=drive_link)

Without motivation there is no  
sacrifice, without sacrifice there is  
no discipline and without  
discipline there is no success.



# FIRST AIDERS



Clubs and all organisers of rugby activities have a responsibility towards the health and safety of players.

Every team throughout the club has fully qualified emergency first aiders who have a minimum Level 3 First Aid Qualification. They will take charge and provide emergency first aid to injured or ill persons until more expert help arrives.

They will make the decision to remove a child from play if they believe it is in a child's best interests, this cannot be overruled.

## Headcase

Recognised as one of the UK's leading concussion awareness and education resources, the RFU's HEADCASE programme aims to increase understanding and provide information on concussion and other related topics, including how to prevent and manage suspected concussions.

We encourage all our parents to visit the RugbySafe HEADCASE Toolkit to access



## Club RugbySafe Lead

**Lauren Maityard**

[laurenmaityard@newmiltonrugbyclub.co.uk](mailto:laurenmaityard@newmiltonrugbyclub.co.uk)

# MINIS TRAINING TIMES & PITCH LAYOUT



Sundays from 9:00 AM to 10:00 AM.



# SAFEGUARDING



Safeguarding is **everyone's** responsibility. This includes all volunteers and parents of New Milton Rugby Club.

Online e-safeguarding course is available via the GSM system. As of 25/26 season ALL volunteers must complete this course.



Please be aware of our social media policy and image and video recording policy available at the following link:

[https://www.pitchero.com/clubs/newmiltondistrict/d/documents.html?group\\_id=3716](https://www.pitchero.com/clubs/newmiltondistrict/d/documents.html?group_id=3716)

For more information on issues such as playing a child 'up' or 'down'. See regulation 15

<https://www.englandrugby.com/run/rules-governance/rfu-rules-and-regulations/regulation-15-age-grade-rugby>

For more on safeguarding see regulation 21

<https://www.englandrugby.com/run/rules-governance/rfu-rules-and-regulations/regulation-21-safeguarding>

For more on the RFU's core values (TREDS) see

<https://www.englandrugby.com/the-rfu/core-values>

For more information or to report a safeguarding issue, contact Club Safeguarding (CSO) Officer Barney Larkin

[barneylarkin@newmiltonrugbyclub.co.uk](mailto:barneylarkin@newmiltonrugbyclub.co.uk) or Deputy CSO Jo Baker [jobaker@newmiltonrugbyclub.co.uk](mailto:jobaker@newmiltonrugbyclub.co.uk)

**Richard Mayers**

**Club Safeguarding Officer (CSO)**

[safeguardingofficer@newmiltonrfc.co.uk](mailto:safeguardingofficer@newmiltonrfc.co.uk)



## PLAYERS KIT

Our New Milton kit can be bought from our online shop (Last year's kit if perfectly fine for this season). We require players to wear the full kit please.

<https://kitworld.uk/product-category/rugby-clubs-clubs/new-milton-rfc/new-milton-rfc-minis/>.



ONLINE SHOP



**MAKO**

**NEW MILTON RFC - ONLINE SHOP**



<https://kitworld.uk/product-category/rugby-clubs-clubs/new-milton-rfc/new-milton-rfc-minis/>

**MINIS**  
**ONLINE SHOP**

**KITWORLD LTD**  
**319/320 FARADAY MILL BUSINESS PARK**  
**PLYMOUTH, DEVON, PL4 0ST**  
**E-MAIL: INFO@KITWORLD.UK**  
**TEL: 01752 265533**

# YOUR NMRFC YOUTH TEAM



## **Philip Du Preez**

Minis Chairman

[minischairman@newmiltonrfc.co.uk](mailto:minischairman@newmiltonrfc.co.uk)

## **Matt Goode**

Juniors Chairman

## **Lauren Maityard**

RugbySafe Lead

[rugbysafelead@newmiltonrfc.co.uk](mailto:rugbysafelead@newmiltonrfc.co.uk)

## **Jo Owens**

Volunteer Coordinator

[volunteercoordinator@newmiltonrfc.co.uk](mailto:volunteercoordinator@newmiltonrfc.co.uk)

## **Richard Mayers**

Club Safeguarding Officer  
(CSO)

[safeguardingofficer@newmiltonrfc.co.uk](mailto:safeguardingofficer@newmiltonrfc.co.uk)

[uk](#)